



**MAINE ASSOCIATION
OF NEW AMERICANS**

MANA 2022 IN REVIEW!

We are so grateful for what our small but mighty team accomplished in 2022! Special thank you goes to anyone who was/is part of our bridging community gaps journey.

From: MANA Team!



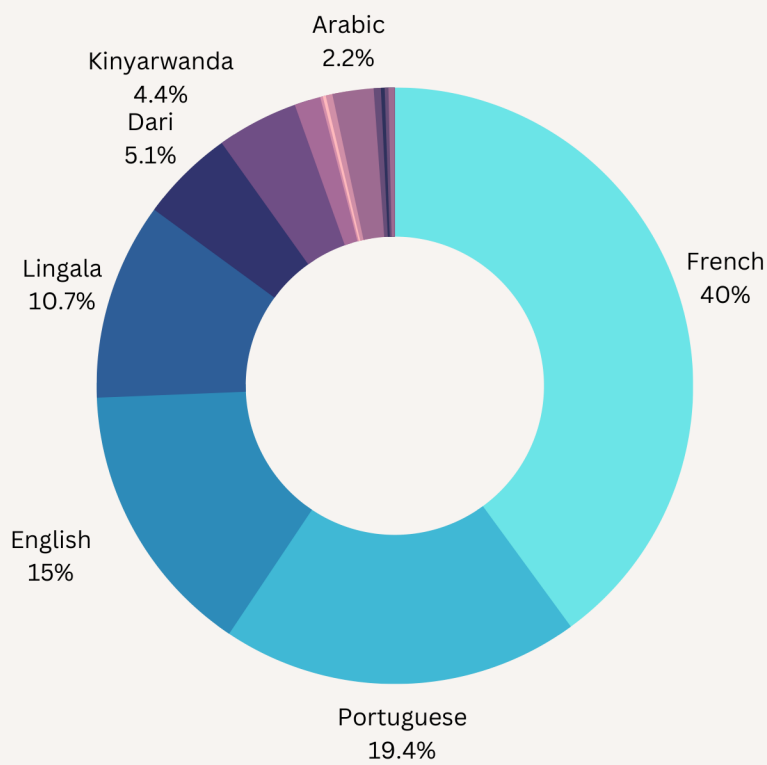
TRANSPORTATION PROGRAM:

With much appreciation for our participants and partners!

A Quick Look at Transport 2022

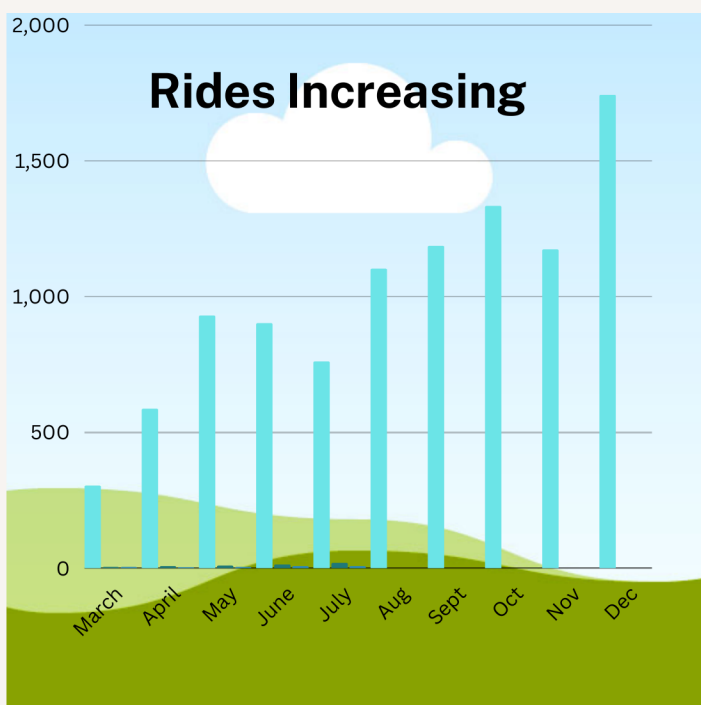
- **5488** requests for rides (round-trip)
- **10,011** individuals provided rides
- **709** requests for COVID testing
- **2043** COVID tests distributed
- **113** requests for quarantine food delivered
- **105** rides to quarantine shelters (round-trip)

I admire the work MANA is doing to make our lives easier by transporting us and many other services you provide for newcomers!



Top Reasons for Rides

- **Medical 61%**
- **Social Services 17%**
- **Shopping 12%**
- **See Caseworker 4%**
- **Portland Adult Ed 3%**
- **Immigration 1% (as of 9/22)**



Our Vans Also Provided Transportation For:

- South Portland schools for students living in hotels
- Medical Screening for Catholic Charities clients
- COVID-19 testing & vaccine clinics
- Pharmacy pick up for covid-19 positive cases
- Hannaford shopping classes
- Portland Adult Ed classes



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PEER SUPPORT PROGRAM:

In addition to the 1-on-1 emotional support sessions provided to more than 150 individuals, the programs below are examples of the work the team did and continues to do with groups and partners.

#Goals Series

In partnership with Portland Adult Ed, this series supports older students to remain motivated to go for their GED as well as other personal goals.

"I Am" Program

King Middle School creative writing students wrote identity poems in the style of John Clark's "I Am," discovering the deeper layers of what makes up their personal narratives.



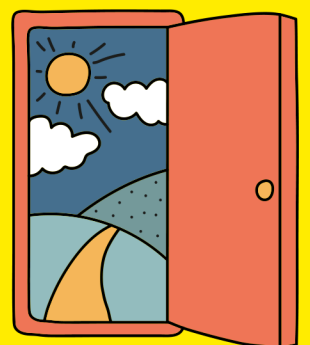
Getting Outside

Freeport hotel residents participated in nature walks aimed to promote mental and physical health and wellness as well as introduce them to the beauty of the Maine outdoors.



"Through These Doors"

Domestic violence survivors and allies met in a series of #sayword peer-led workshops using writing as a therapeutic tool. Connecting in this way aids in the healing process.



Dreams & Immigrant Guilt

Achieving the American Dream is a constant struggle for every immigrant youth. In this peer support group, first and second-generation youth come together to process the pressures they experience around this BIG dream.





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WTS

Welcoming the Stranger



WELCOMING THE STRANGER PROGRAM:

WTS was pleased to become a part of MANA this year! WTS matches volunteers with asylum seeking individuals or families, to provide a warm welcome to the Greater Portland community.

Thanks to Liany Media for photography



177 Volunteers

- American-born or immigrant
- speak English and some speak other languages
- excited to form cross cultural friendships
- committed to creating a welcoming and inclusive multicultural community

135 Active Matches Offer:

- rides to appointments or errands
- fun activities in the area
- practice speaking English
- answering questions about American culture
- assistance in accessing resources and tasks that require strong English-skills



278 Program Participants

- Are asylum seekers, usually new to Maine
- Some single adults, many are families
- Come from 27 countries on 4 continents
- Most are English language-learners
- Excited to form cross-cultural friendships, and join in creating a welcoming and inclusive multicultural community.

Thanksgiving 2022

About 130 people who are connected with WTS & MANA celebrated Thanksgiving together at Gateway Community Services. Delicious African and American dishes were enjoyed by volunteers and program participants as they celebrated community.





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Martin's Point Healthcare nurses led winter coat drive for MANA

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MANY THANKS TO THOSE WE COULDN'T DO OUR WORK WITHOUT:



AND MANY THANKS TO OUR DONORS:

